

West Nile Virus Disease Warning

Protect Yourself and Your Family

West Nile Virus is a disease that can affect people and animals who are bitten by mosquitoes. Although most people bitten by a mosquito with West Nile Virus do not get sick, some may experience mild to moderate flu-like symptoms. The elderly and those with compromised immune systems are particularly susceptible to the illness. Less than one percent of people infected with the virus become severely ill.

The following precautions should be considered at all times when mosquitoes may be present, especially at dawn and dusk when they tend to be most active:



Apply mosquito repellent containing the active ingredient DEET according to label instructions.



Wear protective clothing such as loose, light-colored, long-sleeve shirts and pants.



Keep tent and camper doors and windows shut or tightly screened, and check sleeping areas for mosquitoes before turning in for the night.



For more information visit www.westnile.ca.gov or contact your local Vector Control District.